

GHS supports.....



...Sucht- & Jugendhilfe e.V.

A non-profit association that uses the magazine SUCHT-HILFE to educate and prevent substance abuse and addiction. The aim of the magazine is to ensure that parents, counselors and teachers are informed and understand the reality of the damage addiction can cause and what they need to do to provide immediate help - in the fight against substance abuse and the addiction to drugs or alcohol.

The magazine SUCHT-HILFE is distributed to parents, teachers at schools and vocational/technical schools, self-help groups, banks, various companies, as well as doctors' offices and pharmacies - for the youth.

The main focus is currently on synthetic drugs, in particular "Crystal Meth", a highly addictive drug that has been on the market for quite some time, is now also being traded at school campuses at prices affordable to children through the pocket money they receive, causing serious health damage.

What are the so-called "legal highs"?

They are colorful, they are seductive, the new psychoactive substances that mimic the effects of illegal drugs, called "legal highs". But the impression of "legal" is misleading and the danger is underestimated. Although not banned, such as ecstasy or LSD, the side effects of consumption are often severe and may even lead to fatality due to the unknown ingredients they contain.

Which topics does the magazine deal with?

- Responsible use of alcohol in adolescents
- Natural drugs (hashish, marijuana, mushrooms, etc.)
- Synthetic drugs (so-called "bath salts", legal highs, liquid ecstasy)
- Computer games and Internet addiction
- Social Media Addiction
- Eating disorders (bulimia, anorexia)
- Testimonials from former addicts from various fields

By providing financial support to the magazine, GHS wants to make a contribution to regional addiction prevention. Various forms of dependency are a ubiquitous problem in our society that can only be combated through education and prevention. The valuable work of Jugendhilfe e.V. to fight addiction and provide youth welfare helps to counter the dangers of the present to secure the future.



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